

**ONE
WORD
AT
A
TIME**



**A PROMPT JOURNAL
BY KORIE GRIGGS**

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PROMPT: GIVE YOURSELF ROOM.

A NOTE FOR YOU:

ALIGNMENT IS ALIGNMENT IS ALIGNMENT.
YOU ARE EXACTLY WHERE YOU'RE MEANT
TO BE.

WE ARE HERE.

WE ARE THERE.

THIS IS AN INVITATION.

IT'S OUR WORK TO SHOW UP.

ARE YOU GOING TO SHOW UP?

BIG LOVE

KORIE GRIGGS