

A PROMPT ZINE BY KORIE "KP" GRIGGS

APRIL 2023

PROM	PTo	WHAT	00	YBU	WANT	TO	CALL	INTO
YOUR	LIFE	?						
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PROMPT: PRACTICE GRATITUDE:

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PROMPT: DESCRIBE THE PIECES OF YOURSELF:

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PROMPT: WHAT NEEDS WATERING IN YOUR LIFE?

PROMPT: WRITE ABOUT YOUR AREAS OF GROWTH:

PROMPT: ARE YOU PROUD OF YOURSELF?

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PROMPT: WHAT DOES THE GARDEN OF YOURSELF LOOK LIKE?

PROMPT: HOW WOULD YOU DESCRIBE THE CURRENT VERSION OF YOURSELF?

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PROMPT: WRITE ABOUT YOUR HOPES:

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PROMPT: WHERE IS YOUR FAITH FOUND?

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PROMPT: WHAT ARE YOU CURRENTLY GRIEVING?

PROMPT: WHAT IS DISTRACTING YOU?

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PROMPT: WHAT DOES IT MEAN TO NOURISH YOUR SOUL?

PROMPT: WRITE ABOUT MOMENTS OF JOY:

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PROMPT: WHAT MUSIC IS SPEAKING TO YOUR SOUL RIGHT NOW AND WHY?

PROMPT: WRITE ABOUT BEING LIMITLESS:

PROMPT: WHAT IS YOUR MEDICINE?

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PROMPT: WHO INSPIRES YOU AND WHY?

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PROMPT: WHERE IS ATROPHY PRESENT IN YOUR LIFE?

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PROMPT: WHAT EXCITES YOU?

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PROMPT: WHAT WOUND NEEDS YOUR ATTENTION?

PROMPT: GIVE YOURSELF ROOM. DUMP BUT WHATEVER COMES TO MIND:

PROMPT: WHAT FLOWERS ARE YOU ATTRACTED TO?

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PROMPT: WHAT IS THIS CHAPTER OF YOUR LIFE TITLED AND WHY?

PROMPT: WHAT DO YOU NEED TO RELEASE?

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PROMPT: WRITE DOWN SOME INTENTIONS:

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PROMPT: IS WHERE YOU ARE CURRENTLY PLANTED SERVING YOU?

PROMPT: WRITE A PRAYER OR BLESSING FOR YOURSELF?

PROMPT: HOW ARE YOU CENTERING JOY?

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PROMPT: WHERE DO YOU EXPERIENCE PLEASURE IN YOUR LIFE?

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A NOTE FOR YOU'S

SOMETIMES WE OUTGROW THE POT IN WHICH WE ARE PLANTED. TAKE A LOOK AT YOUR LIFE AND SEE WHERE YOU NEED TO PRUNE IN ORDER TO BLOOM. WHAT IS SERVING YOU? WHAT IS NO LONGER SERVING YOU? WALK WITH INTENTION IN THE DIRECTION YOU ARE LEAD. THIS IS YOUR TIME AND HOW YOU SHOW UP IS MORE THAN ENOUGH. TAKE UP SPACE. FEEL THE POWER IN YOUR ROOTS. STRETCH TO THE SKY. YOU ARE HERE. YOU ARE EXACTLY WHERE YOU ARE INTENDED TO BE.

BIG LOVE KORIE "KP" GRIGGS